



Dressage Professional's Edition



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Northern Ohio Dressage Association
is a 501(c)(3) Non-Profit
Education Organization

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Board Meetings

Second Wed. of the Month
Conference Call

NEXT MEETING

May 10, 2022, 6:45 PM

A Message from NODA's President Danielle Menteer

Greetings NODA Members AND Friends,

An Evening with Richard Williams and the two-day Dressage Professionals Initiative (DPI) were both a great success! Thank you to everyone who participated, 29 members for our evening presentation and eleven professionals for our two day intensive. A very Special thanks to Kelli Flanagan for providing your beautiful Grand Prix Farm in Valley City for our use. Thanks to Big Dee's and the Ohio Equestrian Directory for the goodies! And thanks to Richard Williams of Williams Dressage for your presentations, wisdom and stories! Thanks to Sally Burton and Patti Valencic, our education Co-chairs, for coordinating these events. Everyone came away happy and looking for more. So keep your eyes open for upcoming events! Please check out Emily Gill's overview of the two day DPI on [page 6](#) and Sally Burton's tidbits from an Evening with Richard Williams on [page 20](#).



Danielle Menteer

This is our NODA member professionals edition of the NODA News. Check out the Professional Incentive Program on [page 4](#). If you bring your NODA member clients to ride or ride NODA member client horses at NODA's recognized or schooling shows, you can earn NODA Bucks. For every 10 Rides, a professional earns 25 NODA Bucks to be used as you see fit for yourself or a client. NODA also has professional grants available year-round to support NODA member professionals. Check out the ad on [page 6](#).

There's lots in store for NODA members as the season gets up and running! The Dressage Ride-a-Test Clinic with Barb Soukup (L* graduate) & Carrie Woost (L* graduate) opens on April 30th and will take place Saturday, May 28, 2022 at Chagrin Valley Farms, Chagrin Falls, Ohio. That's the day before NODA's first schooling show of the season. Come on out and make a weekend of it!

The Summer Schooling Show Series needs volunteers! And members need NODA Bucks for Year-end Awards, so check out the ad on [page 7](#) to see how you can sign up.

NODA's USEF/USDF recognized shows, Dressage 2022 and Dressage 2022 Encore take place on May 14 and 15. There's still time to [enter](#) AND we are also looking for volunteers! You'll get double NODA Bucks, food, water, and the satisfaction of knowing you're supporting quality dressage in NE Ohio! Check out the ad on [page 17](#) to sign up.

Save the Date! NODA presents the 2023 [New Test Clinic](#) on January 7, 2023 at Lake Erie College. Judge Margaret Freeman will be joining us again for this education session. Details to be announced.

Danielle

COVER: Sara Justice, NODA's Western Dressage Liaison with clinician, Richard Williams at the Dressage Professional Initiative clinic at Kelli Flanagan's Gand Prix Farm in Valley City. Sara is a USDF Gold, Silver, and Bronze medalist, L graduate, and USEF "r" judge in Western dressage. Sara hopes to earn her large "R" Judge in Western dressage soon.

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SchoolingShow@nodarider.org

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wburtt@lec.edu

Volunteer Coordinator Kirk Morehead
440-336-1311
SS-Volunteers@nodarider.org

Year-End Awards

Chair Janeen Langowski-Grava
440-666-6182 Yearend-Awards@nodarider.org

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Chair OPEN
SilentAuction@nodarider.org

Year-End Awards Banquet

Banquet Chair Kirk Morehead
440-336-1311



www.nodarider.org

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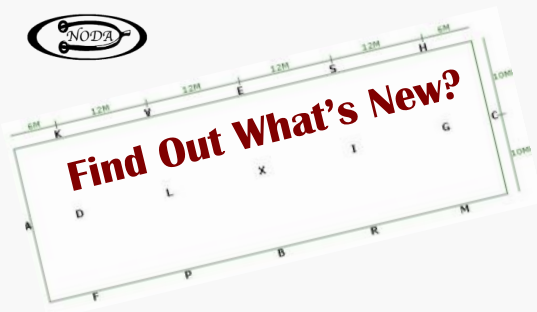
For NODA Member Professionals ONLY Professional Incentive Program

Bring your clients to ride or ride client horses at NODA's recognized or schooling shows and earn NODA Bucks

EVERY 10 Rides Earns 25 NODA Bucks

Redeem YOUR NODA Bucks for Membership, Shows, Clinics, and Programs
Including the Dressage Professional Initiative Workshops

Find out more at [Professional Incentive Program](#) or on NODA's website under membership



Save the Date!
NODA presents
the 2023 New Test Clinic
January 7, 2023
Lake Erie College

Judge Margaret Freeman will be joining us again for this education session

FREE Scribe clinic-
8-9 am -
register at:
<https://www.nodarider.org/event-4791580>
Register for Scribe clinic

Ride a test and scribe clinic

May 28 at Chagrin Valley Farms

Ride a test-
8- 5 pm
register and pay at:
<https://www.nodarider.org/Rideatest>
Register for Ride a test

Have something you'd like to share with members?

News about you or Your horse?

Milestone accomplishment?

Send your NEWS along with a jpg photo attachment to

Mosie Welch at
mosie-editor@nodarider.org

New Spring Collections



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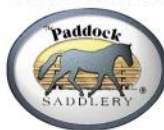
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NODA's Dressage Professional Initiative with Richard Williams

By Emily Gill, NODA Professional Liaison

After a conversation with NODA's president, Danielle Menteer, I was eager to sign up for the two-day inaugural Dressage Professional Initiative (DPI) with Richard Williams sponsored by NODA. Spending two days with other dressage professionals while participating in lectures, networking, and mounted sessions sounded like a great way to recharge my enthusiasm after a long, cold winter. I signed up for this clinic to learn! There is so much to learn in life and especially in this sport of dressage, taking advantage of every opportunity is vital. There are many avenues to equestrian adventure, and one of them is networking with other professional, so I came into the DPI super excited to expand my knowledge.

Over the two-days I was lucky to spend time with a great group of dressage professionals. It was awesome to chat and watch each other's rides! I loved being in a group



Dressage Professional Initiative participants with Richard Williams, (standing far right) Kelli Flanagan (second from right), and NODA President Danielle Menteer (third from right). Photo courtesy of Kelli Flanagan.

where we could all really relate to each other. All of us ride traditional dressage, but some also ride and instruct in Western dressage, jumping, eventing, and I also instruct in Working Equitation, so there was good camaraderie and energy. I feel like we all have a good connection, and we can rely on one another going into the future, especially since there will be additional Dressage Professional Initiative clinics coming up.

In my business, Emily's Equestrian Enterprises, I train horses and instruct riders to be the best they can be with an emphasis on dressage and a mix of working equitation as well. My philosophy is that students learn and gain confidence when they are having fun and enjoying their horses. So, I do stress to my students how important it is to enjoy our horses and have fun. There is no outline of how to deal with horses and be a better teacher for my students, I hoped during the two days we would discuss

some ideas about how to successfully run the unique business of riding and training horses.

The DPI took place at the beautiful Grand Prix Farm in Valley City. Kelli Flanagan generously donated her facility for the two days and welcomed us all with open arms and certainly made Kahlua and I feel right at home. Kahlua, my 17 year

-old Morgan gelding who I've owned and trained since he was one, is just the light of my eye. Together we have shown to the Grand Prix and I earned my Bronze, Silver, and Gold Rider Medals with him. We also have shown Master's Level Working Equitation.



Emily Gill and Kahlua with Richard Williams. Photos courtesy of Keli Flanagan.

Continued on page 10

NODA Professional Grant Program Money is available to support you!

Who Qualifies for a Grant

NODA Member Professionals who are also professionals as defined in the USEF rule book

Grant Details

Reimbursement of up to 50% or a maximum of \$400

Education at seminars, USEF or USDF events, programs, or functions (excludes riding clinics) qualify

Give back to NODA Membership

Write an article for the NODA Newsletter, hosting a clinic or seminar to share your learning experience

[Link to application form](#)

Email your completed application to NODA's Professional Liaison Emily Gill at pro@nodarider.org





SAVE THE DATES

2022 USEF RECOGNIZED DRESSAGE SHOWS

MARCH 19-20, 2022

USEF/USDF Lake Erie College Winter Dressage Show
Judge: Cheryl Holekamp "S" FL

APRIL 9-10, 2022

USEF/USDF Lake Erie College Dressage Prix de Villes
Judge: Annie Cizadlo "S" FL

MAY 14-15, 2022

USEF/USDF NODA Dressage 2022 and Dressage 2022 Encore
Judge: Cesar Torrente "S" FL | Judge: Joan Darnell "S" WA

JUNE 11-12, 2022

USEF/USDF Lake Erie College Dressage Derby
NEW This is now **ONE SHOW** with multiple judges for the weekend.
Judge: Amy McElroy "S" SC | Judge: Scott Petersen "S" NY

PLUS

SEPTEMBER 24, 2022

Lake Erie College Dressage Schooling Show to benefit the IDA dressage team
Judge: TBA



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NODA's Summer Show Series Schooling Shows **NEED** Your Help!

THE JUDGE'S BELL IS RINGING



NODA NEEDS VOLUNTEERS!

Thank you in advance for your time and talents!!

THE SHOWING SEASON UPON US!
WILL NEED VOLUNTEERS TO GUARANTEE A MEMORABLE EVENT FOR
COMPETITORS AND THEIR RIDES.

WE NEED PEOPLE FOR THE FOLLOWING POSITIONS:

- THE Paddock
- GATE KEEPERS
- OFFICE HELP
- RUNNERS
- RING SET UP
- SCRIBES



Summer Show Series dates and times can be found under the **SHOW** link at www.nodarider.org

VISIT SIGN UP GENIUS TO PICK YOUR TIMES AND DATES [at this link](#)

KMORE@EN.COM or 440-336-1311



Dressage Ride-a-Test Clinic
Barb Soukup (L* Judge) and Carrie Woost (L* judge)

When: Saturday, May 28, 2022

Open Date: April 30, 2022 Close Date: May 20, 2022

Where: Chagrin Valley Farms, Chagrin Falls, Ohio

What: Here is your opportunity to improve your dressage test scores! Ride a test of choice, talk with the judge, then ride the test again. OR ride the test once and work on skills needed to improve the test. Scores will be given.

Ride Times & Arenas Rides will be scheduled every 20 minutes. Ride times will be emailed to all participants by Wednesday, May 25. All dressage tests will be ridden in the large arena (20x60).

Cost per Test Ride

\$40 NODA Members

\$50 Non-Members

**** Don't forget you can use your valuable NODA bucks to help pay for your clinic fee!**

**** You may ride more than 1 test in the clinic. IF you ride more than one test you will be scheduled with both clinicians.**

REGISTRATION FORM (Please print and mail in the form below with your clinic payment **OR** pay online www.nodarider.org/rideatest)

Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Cell _____ Email _____

Horse Name _____ Dressage Test(s) _____

Clinic Fee - NODA member \$40 x _____ Total Enclosed \$ _____
(Number of Rides)

Clinic Fee - Non-Member \$50 x _____ Total Enclosed \$ _____
(Number of Rides)

Make Check Payable To: Northern Ohio Dressage Association (or NODA)
Mail Check To: Sally Burton, 8652 Beacon Hill Drive, Chagrin Falls, OH 44023
OR PAY ONLINE AT: www.nodarider.org/rideatest
Questions & Clinic Contact: 440-221-7544 (Voice/Text) or sabcampisme@yahoo.com

WAIVER OF LIABILITY AND ACKNOWLEDGEMENT OF FINANCIAL RESPONSIBILITY

A waiver of liability may be required by the organization and the facility. Rider/owner will accept full responsibility for themselves and the horse in regards to risk of injury. Rider/owner will abide by all facility regulations. Regardless of any agreement between the rider and owner, the rider is ultimately responsible for any fees owed to the facility for stabling and/or bedding.

Rider's Signature _____ **Date** _____

Parent/Guardian Signature _____ **Date** _____
(If rider is under 18)

Owner's Signature _____ **Date** _____

***** Proof of Negative Coggins within one year of clinic date required with application. *****
An ASTM/SEI Certified helmet must be worn at all times when mounted.



Karen Puchalsky, NODA Dressage Foundation GMO Liaison
TDFRep@nodarider.org

The Dressage Foundation was established in 1989 by Lowell Boomer, who was also the founding organizer of the United States Dressage Federation (USDF) in 1973. Since that time, millions of dollars in grant funding has been awarded to improve dressage in the United States. Grants are available for riders of all ages and levels, instructors, judges, breeders, show managers, dressage clubs, and more. All of the funding for these grants was provided by contributions from donors. These donations have come to us in all sizes - small, medium, large, and extra large. Every contribution is important to our work and has allowed the Foundation to provide monetary assistance to thousands of dressage enthusiasts to advance their knowledge and experience in the sport of dressage.

The following grant deadlines are coming up

Please look into these grants if you are interested in continuing your education in the sport of Dressage.

DEADLINE: Veronica Holt Dressage Technical Delegate Fund

Wednesday, June 1, 2022

DEADLINE: George Williams Fund for Young Professionals

Wednesday, June 1, 2022

DEADLINE: Barnett Continuing Education for Instructors Fund

Friday, July 1, 2022

TDF's Shannon Foundation Fund Awards Grant to Dressage Judge, Robin Birk

The Dressage Foundation (TDF) is pleased to announce Robin Birk (PA) as the recipient of this year's Shannon Foundation Fund for Judges' Licensing. Robin is currently an 'r' (recorded) judge and will use this grant of \$2,500 to help support the apprentice and exam sessions as she trains for 'R' (registered) judging status. Robin plans to apprentice at shows across the United States to prepare for her exam.

Robin said, "I am truly honored to receive this grant from TDF. I am thankful to all that have made donations to this wonderful Foundation. This grant will allow me to complete training for my 'R' dressage judges license and will

provide monetary support towards this endeavor in a financially challenging year. I am beyond blessed and grateful and will use my education to promote dressage through the honor of judging."



Robin Birk, small r Judge, instructor and competitor has provided insight to NODA riders through her ride-a-test clinics, judging at competitions, and will provide instruction to campers at 2022's Dressage and More Camp for Adult Riders.

The Shannon Foundation Board of Directors, at the request of dressage professional Julie Shannon (GA), established these grants at TDF in 2016. As a successful instructor and trainer, Julie saw the need to help dressage judges who are interested in moving up the levels, to create a strong pipeline of judges in the United States. The purpose of the Shannon Foundation Fund for Judges' Licensing is to provide financial support for dressage judges to participate in activities related to obtaining a judging license of 'recorded' (small r) or higher.

Applications for the Shannon Foundation Fund grant must be submitted to The Dressage Foundation on or before March 15th of each year. For more information about this Fund, please contact Sara Weiss, Director of Grants and Programs, at sara@dressagefoundation.org or at (402) 434-8585 or visit www.dressagefoundation.org.

The Dressage Foundation is a 501(c)(3) non-profit, tax-exempt organization, whose mission is to cultivate and provide financial support for the advancement of dressage in the United States. Call the Dressage Foundation at (402) 434-8585.

www.dressagefoundation.org

Richard focused a lot on the process of a lesson and how to address different riders and how to teach them. He also is an advocate for the principal that us trainers can and should work together and help one another out. And he emphasized that through everything we do with horses, safety must always come first! During classroom lecture we discussed various aspects of a good seat including sitting in the middle of the saddle. When I rode Kahlua in the mounted sessions, I focused on sitting in the middle of my saddle. With that one focus during the mounted session, I felt the difference in my horse because I was better able to engage my right seat bone and the right side of my body. Kahlua responded and I felt a straighter and better moving horse under me.

Richard discussed that being clear with the horses and riders is always for the better. Every little change you ask for or word that you use can change how things progress in a lesson or training session. With your riders, pay attention to how you are talking to them and the words that you are using. What is important is to relate to the student and keep the positivity in the situation while ensuring the safety of both horse and rider. Richard is a strong proponent of the philosophy that an instructor's job is to help a horse and rider pair become their best within their abilities and always be an advocate for the horse.

When we moved from the classroom to the arena, Richard demonstrated during each professional's ride how he goes through the process of teaching a lesson. Initially Richard says he asks about the pair and then just sits and listens to the rider which helps him understand where the rider is coming from. Then moves through the lesson using that information and what he sees to benefit the rider more than if he just watched them go and didn't have any dialogue. As the ride progresses, he continues picking up on what the rider is saying. So always remember when your client is talking, they are sharing important information you can use to help them. Dialogue between rider and trainer is very important.

NODA is planning to hold several more Dressage Professional Initiative clinics with Richard Williams in 2022 for the purpose of bringing NODA member professionals together to learn and network. The focus of this session was teaching an effective lesson. Hopefully as time goes on, we'll dive into other aspects of the sport – such as the business side and other topics of mutual interest. If you are a professional that was not able to make it this time, of course, you should sign up when the opportunity presents itself! I always tell my students that auditing or riding in a clinic or participating in any educational event allows a rider to hear things in a different way that may res-

onate and change the rider's understanding or riding for the better. You will always pick up something up from anything you do, so it's worth the two days to clear even on thing up! I urge you to stay tuned for details on the next Dressage Professional Initiative.

Emily Gill is the owner of Emily's Equestrian Enterprises and has provided instruction and training since 2018. Emily is a USDF certified instructor and a Bronze, Silver, and Gold medalist accomplished on her self-trained, Morgan gelding Kahlua. She is on NODA's board as the Professional Liaison as well as on the board of the Classical Attraction Dressage Society as a Member at Large. Emily coordinated the Freestyle Clinic with Collier Wimmer sponsored by NODA and CADS and will be teaching a working equitation clinic at Dressage Camp for Adults and More in June. Find out more about Emily at her website emilysequestrian.com/

Williams Dressage is located on the picturesque Eastern Shore of Virginia. Richard and Frances Williams offer unique, customized services for the serious equestrian.

The Williams' philosophy promotes Classical Dressage methods. The rider's development and education parallels the education and training of the horse. We encourage training the horse and rider together, so that riders can benefit fully from the training the horses receive while at Williams Dressage.

Richard Williams began riding in Canada at the age of eleven. He was introduced to Dressage at fifteen, and has since devoted his life to the promotion of Classical Horsemanship. Mr. Williams is widely-read in equestrian literature and has attended many lecture series and symposiums on the subject. He has completed judges' forums, instructors' seminars, and other significant educational events dealing with classical equitation. Since 1983, Mr. Williams has instructed private students in dressage, and has presented clinics in many different states.

Currently, Mr. Williams continues the work of Xenophon Press founder, Ivan Bezugloff. Xenophon Press is alive and well bringing historic and new classical equestrian works to print in the English language. This has further increased the knowledge base Mr. Williams uses in his teaching and training process. Find out more at williamsdressage.com

Sandpiper Stables

invites you to

Join Us for a Bit and Bridle Fitting Clinic with expert Kim Gentry

Clinic hosted by: Sandpiper Stables, 135 Hunt Road, Portersville, PA 16051.



Friday, July 8, 2022
Saturday July 9, 2022

If you are interested in signing up for the clinic, please fill out the form below and check if you have a preference on which day you would like to ride. The clinic will be held in Sandpiper's covered arena. If you are coming to audit, please bring a chair

Cost :

Single Bridle - \$175 (One hour ride)

Double Bridle - \$275 (One and one-half hour ride)

One-day/Weekend Audit - \$25/\$40

Overnight Stabling - \$40 (bedding & buckets included)

A light breakfast and lunch are included in ride and audit fees.

Name: _____

Horse's Name: _____ Single ___ Double ___

Phone Number _____ Email _____

Emergency Contact _____ Phone Number _____

Ride: Friday, July 8 ___ Saturday, July 9 ___ **Stall** Thursday ___ Friday ___

Audit - Friday, July 8 ___ Saturday, July 9 ___ Weekend ___

You must provide your current horse's coggins and flu/rhino information with your check and entry form. The clinic will be filled on a first come, first serve basis. Entry form will not be accepted until all paperwork and check is received. No refunds unless there is a waiting list, or you can get someone to fill your slot. Thanks.

Mail Entry form, current horse information, and check to:

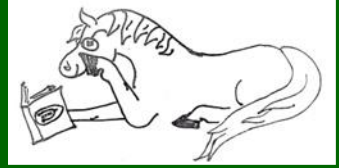
Heather Soones
135 Hunt Road
Portersville, PA 16051

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Education Corner!

With Education Co-chairs
Sally Burton and Patti Valencic



Recap

An Evening with Richard Williams on April 20 was a huge success. With 29 participants signed up, we enjoyed delicious pizza, salad and goodies as we listened and learned. At Grand Prix Farm.

The first Dressage Professionals Initiative was held April 21-22 at Grand Prix Farm, Valley City with Richard Williams. Eleven professionals participated! The second session location and dates will be announced soon.

Thank you to Kelli Flanagan for hosting both the evening and the DPI event at her Grand Prix Farm.

We are looking for more opportunities to learn from Richard Williams in the future.



Left: Danielle Mentee, NODA President, introduces Richard Williams before his lecture for NODA members at Kelli Flanagan's Grand Prix Farm in Valley City. Photo by Sally Burton

See Sally's lecture overview on [page 20](#).

Upcoming events:

Ride-a-test- May 28- pay and register online starting April 30!

The Ride-a-test returns to Chagrin Valley Farms on May 28, the day before our first schooling show. Come warm up for the show season and get some last minute hints from Barb Soukup and Carrie Woost. Details and sign up available at: [Register for Ride a test](#) at this link or go to www.nodarider.org We are trying ONLINE registration and payment only for this event. Please be patient as we test this new system.

FREE Scribe Clinic- May 28- 8-9 am at Chagrin Valley Farms

Have you ever wanted to try your hand at scribing but in a low risk environment? Learn all about scribing with L* judge Barb Soukup on the morning of the Ride-a-test. After you learn how to scribe you will have the opportunity to sit with the judge and actually scribe for the ride-a-test. [Register for Scribe clinic](#) at this link or go to www.nodarider.org

Dressage and More Camp- June 23-26- FULL- we will start a wait list. Our popular annual dressage camp for adult riders filled very quickly. If you are interested please contact Sally Burton sabcampisme@yahoo.com to join the wait list.

Kim Gentry Bit Clinic- July 8-9: Sandpiper Stables. See flyer in the NODA News, [page 12](#) for details.

Save the date: January 7, 2023: New Test Seminar with Margaret Freeman "S" judge

Stay tuned to www.nodarider.org or on like us on Facebook [@NodaDressage](#) for updates and more fun!



ASHLEY RAND-TORRES

USDF BRONZE, SILVER & GOLD MEDALIST
USDF CERTIFIED INSTRUCTOR

A.R.T. Dressage



NOW ACCEPTING TRAINING HORSES AND LESSONS



Ashley is located at Endeavor Farm in Hudson Ohio. Ashley has recently come back to Northeast Ohio from South Florida. She is now accepting horses in training at her facility. Is available for haul in lessons at her farm and travels to surrounding areas. Please contact Ashley with any questions you may have.



☎ (330) 715-2403

🏠 22910 Old Mill Rd Hudson Oh

✉ aerand22@gmail.com

Northern Ohio Dressage Association

2022 Member Services Directory

Compiled by Mosie Welch

NODA Member USEF/USDF Professionals

Rachel Aderhold, Saddle Up Riding and Training

Ravenna, OH, lessons for all ages, concentration on beginner/intro dressage, English and Western pleasure, and contesting.

330-357-9981 sad-dleuprt@gmail.com



Emily Gill, Emily's Equestrian Enterprises

New Franklin, OH, will travel. Helping clients enjoy their horses in traditional Dressage Intro to FEI, Working Equitation, & jumping.

Instruction and training rides, instruction, clinics in

traditional dressage and working equitation USDF Gold, Silver, and Bronze Medalist, USDF certified instructor. **NODA's Professional Liaison**

330-417-0156 emily@emilysequestrian.com
www.emilysequestrian.com



Lisa Gorretta, USEF/FEI Official

USEF R Dressage TD, Level 3 FEI Dressage Steward, USADF Bronze and Silver Medalist

Travels internationally for competitions Limited availability for traditional dressage lessons or coaching training to FEI.

216-406-5475
reg2@aol.com



Sarah Freeman, Serendipity Sporthorse

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Continued on page 16

Dressage Ride-a-Test Clinic

Barb Soukup (L* graduate) & Carrie Woost (L* graduate)
When: Saturday, May 28, 2022
Where: Chagrin Valley Farms, Chagrin Falls, Ohio
See Registration Form, [page 8](#)

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North Crest Equestrian Center



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Instructor/Trainer

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Continued on page 17

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Endeavor Farm, Ashley Rand - Torres

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Continued on page 18

VOLUNTEERS NEEDED!



PLEASE CONSIDER VOLUNTEERING FOR A SHIFT AT NODA'S RECOGNIZED SHOWS MAY 14th & 15th AT LAKE ERIE COLLEGE

~~~~~

Choose your volunteer position on [Signup Genius HERE](#)  
OR go the [Recognized Show Page](#) on NODA's Website [www.nodarider.org](http://www.nodarider.org)  
Questions? Contact Volunteer Coordinator Karen Shirring, [RS-vol-coord@nodarider.org](mailto:RS-vol-coord@nodarider.org)

## NODA Member Boarding/Stable Listings

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440-933-4654 [Northcrest44@aol.com](mailto:Northcrest44@aol.com)

[www.NorthCrestEquestrian.com](http://www.NorthCrestEquestrian.com)

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Anne Houin 216-598-0821 [houin3@yahoo.com](mailto:houin3@yahoo.com)

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## About NODA's 2022 Member Services Directory

The directory is designed to provide the opportunity to our USEF/USDF professionals and NODA members who own a business to let others know about the services they offer. The Member Services Directory will be listed on the NODA Website through April 30, 2023 under Membership and available to members and non-members alike.

No listings will be added to the directory until we compile the 2023 Member Services Directory. The Member Services Directory was advertised beginning in February 2021 in the NODA News, on NODA's website and in our email blasts. NODA provides this directory as a member service and makes no endorsement concerning any entry.

If there is an error in your listing, please contact Mosie Welch so it can be corrected [mosie-editor@nodarider.org](mailto:mosie-editor@nodarider.org)

*Thank You For Your Membership!*







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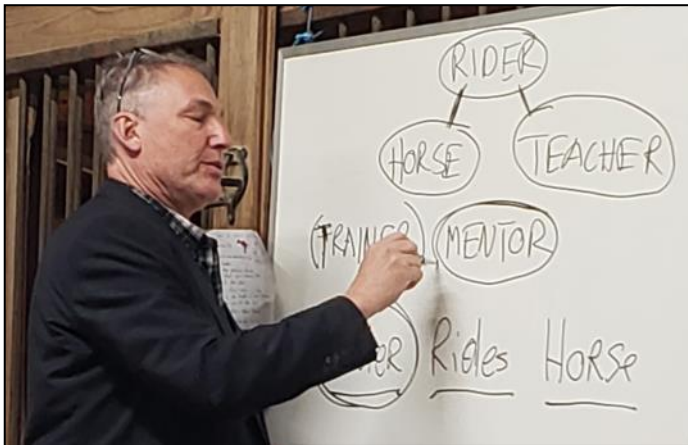
# An Evening With Richard Williams

Lecture Review and Photos by Sally Burton, NODA's Education Co-Chair

On Wednesday, April 20, NODA hosted an evening lecture with Richard Williams of Williams Dressage, Franktown, Virginia. Richard was recommended by our president, Danielle Menteer, as an excellent instructor and student of dressage. Within minutes of when he began to speak, we understood why Danielle considers him a mentor and friend.

Richard started off his lecture reminding us that we must learn from each other. He considers himself still a student of dressage after an entire career in the sport and said he was excited to learn from us. Every time you ride there is an opportunity to learn- from the horse, from yourself, from each other. As the talk continued we were thrown many "nuggets of wisdom." Richard is a fan of three word sayings. The following are just some of the "take aways" that spoke to me.

**Rider rides horse.** The subject of the sentence is rider. So we need to make sure that our work is around us. It is the



Richard Williams provides insight on how to be your own best riding advocate at 'An Evening With Richard Williams.'

rider who directs what happens with our attitude, our knowledge, our willingness to improve. The horse is the object of the sentence and the reactions of the "object" depend on us. Instead of blaming the horse, think about the subject, the rider.

**Find a good teacher.** The teacher could be the horse (school master), a trainer, a friend or an instructor. A good teacher learns from you and will meet you where you are on that day, at that time. You cannot learn if there are things that get in your way either mentally or physically and you must work those out first. You also need to act

like a teacher to get ahead- if you don't know something, ask, read about, watch videos, or research. Do not rely on someone to tell you everything, figure it out.

**Riding is body- mind- spirit.** Your emotional state is so important. Your horse picks up on your emotions. Richard suggested finding a physical place near the barn where you can leave your worries behind. As you walk past the tree by the door to the barn (or wherever is convenient), park your problems there. Then when you walk into the barn you will "give yourself a gift" of time with your horse without outside concerns. Only when you are present can you really improve.

**Be Here Now.** Be who you are, don't be ashamed of your progress and what you can do right now. Live it and move



forward. Do not dwell in the past or what could happen. Be in the now. "Breathe- inhale, exhale, repeat, indefinitely." Connect your breath with your posture- breathing in deeply puts you in your seat. Do not fret about details, just breathe.

**Use the Force.** Use the most powerful force to your advantage: gravity. Do not fight it. Allow gravity to pull you deep into the seat, to align your body in a straight posture. To lengthen your legs, drop your elbows. Sit tall and grow from your center.

**Sit in the middle.** Sit in the middle of the horse, equal distance side to side and back to front. Become the movement of the horse- do not try to sit the trot- but put yourself in the middle of the trot and let your body join the movement. Become more horse like- ride from your



core (the horse moves from his core) and connect to the horses midsection. Lunge lessons will improve this skill.

**Watch your Self-talk.** Watch how you talk about yourself and what you say to yourself. Do not label. Live in the state of your mind and make up your mind to improve. Riding is where we can grow as a person- it is a special place!



**Do one thing at a time.** Once you have accomplished that, do the next right thing. If you want to be better you need to do things differently. So try not to multitask but to concentrate on one thing and then move on.

**The most important skill a rider can have is to NOTICE.** Notice what you are doing, how the horse reacts and then replicate that feeling if it was right or fix it if it wasn't.

And finally, **never lose sight of WHY you ride!**

Find out more about Richard Williams at [williamsdressage.org](http://williamsdressage.org) and read his bio on [page 10](#).

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*Dressage*  
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Region 2  
September 14 through September 18, 2021  
Waterloo Autumn Classic  
Grass Lake, MI

### **Member Spotlight! Pamela White's TB/Draft cross, Star, is turning 2 on May 9!**

**Pamela has been a member of NODA for over 10 years and says that she "own 4 horses and keep them at my home.** I started out riding training and showing my little Morgan Slick. I live 2 miles from Rivendale Farm and have a nice ride over and take lessons from Dale Lappert. Everyone at the farm has helped me also. Dale taught me good horsemanship and when I brought home my thoroughbred Flash she knew all about retired racehorses. I've been riding Flash at the Noda shows and we won a trophy last year for equitation.

Pamela wanted to breed one of her mares and Flash couldn't have a foal, "so Lilly came home 3 years ago. She was also a retired race horse. I love them all so much, but thought a draft cross would bring down the excitement just a little. Lilly got pregnant at the first breeding! A year later little Star was born at home! And now she is 2! I feel so fortunate to be on this wonderful journey, I have enjoyed every single experience with my horses. And Dale, Rivendale Farm and NODA have played such a big part!"



**Star turns two year-old.**



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# Membership News

Fran Cverna, Membership Chair

[Membership@nodarider.org](mailto:Membership@nodarider.org)

NODA's 2021 Membership Year 12/01/2021– 11/30/2022



Region 2



## Welcome More New Members!

To paraphrase an old saying:

NODA people say:  
Get new members,  
but keep the old.  
One is silver,  
the other is gold.



Welcome more new members, both brand new and returning after some time off:



As of April 15 NODA has 236 members!

Irene Bray  
Wendy Burt  
Suzanne Coleman  
Britt Harmon  
Laurel May Kinsworthy  
Everett Alan Kinsworthy  
Adrienne Knauer  
Nancy Lewis  
Lori Mayher  
Kristin Payden  
Julie Schmitt  
Janice Simon  
Olivia Steelman

NODA horses say:  
A circle is round,  
it has no end.  
That's how long,  
I will be your friend.



If you have a friend or family member who has not renewed yet,  
remind them to renew NOW

If you have renewed, VOLUNTEER NOW!

If you have renewed and volunteered, give yourself a pat on the back!

**RENEW Online NOW!**

Or use the mail-in form on page 24.



**Northern Ohio Dressage Association  
2022 Membership Form**

NODA membership runs  
12/1/2021 through 11/30/2022

**NODA is a United States Dressage Federation  
Group Member Organization (GMO)**



A portion of your NODA membership dues goes towards your group membership in USDF. A USDF Group Membership (GM) makes you eligible for USDF Rider Awards. Group Members may participate in recognized shows without the payment of USDF non-member fees, are eligible to earn university credits, receive member discount rates for USDF events, and receive the *USDF Connection* magazine. (Supporting Family members do not receive a subscription to the *USDF Connection* – one magazine per "family.") See [www.nodarider.org](http://www.nodarider.org) or [www.usdf.org](http://www.usdf.org) for eligibility to qualify for USDF regional and national championships. Note that Participating Membership in USDF is needed to compete in USDF Regional Championships.

**Important INFORMATION:**

- The printed [Schooling Show Prize List](#) and [Year-End Awards Program](#) details are mailed to members who join **before March 1, 2022**.
- NODA By-Laws, club information, shows, awards, newsletters, and events are available at [www.nodarider.org](http://www.nodarider.org).
- NODA membership includes a subscription to the printed newsletter *NODA News*.
- Online sign up fees are \$2.00 more because of processing fees
- **Two ways to join:**  
 Mail this form along with a check or  
 Sign up ONLINE from the MEMBERSHIP page at [www.nodarider.org](http://www.nodarider.org)

Date \_\_\_\_\_  Renewal  New

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 Adult Amateur  Professional  Youth, birth date required: \_\_\_\_\_

Youth is a NODA membership category that includes both Juniors (JR) and Young Riders (YR). Sign up for YOUTH membership unless you turn 22 or older in 2022. If you turn 22 or older in 2022, you must sign up for Adult Amateur or Professional membership.

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
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**Additional Family Member** Name \_\_\_\_\_ USDF # \_\_\_\_\_  
 (Must live at same address; includes ALL benefits except for USDF magazine and NODA newsletters)  
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**Additional Family Member** Name \_\_\_\_\_ USDF # \_\_\_\_\_  
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 Adult Amateur  Professional  Youth, birth date required: \_\_\_\_\_  
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To add more family members, use other side of form, or contact [membership@nodarider.org](mailto:membership@nodarider.org)

**Newsletter subscription without membership** Fill out this section only for a Newsletter subscription without membership. This is not a membership and excludes USDF GMO Membership, discounts, eligibility for NODA awards or Schooling Show Championship.

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**Membership Dues (Check or cash)**

|                                                                                             |         |          |
|---------------------------------------------------------------------------------------------|---------|----------|
| Adult Amateur or Professional                                                               | \$49.00 | \$ _____ |
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| Additional Family Member<br>Full membership, must live at same address                      | \$20.00 | \$ _____ |
| Additional Family Member<br>Full membership, must live at same address                      | \$20.00 | \$ _____ |
| Newsletter subscription only (not membership)                                               | \$24.00 | \$ _____ |
| Additional Donation                                                                         |         | \$ _____ |
| <b>TOTAL ENCLOSED</b>                                                                       |         | \$ _____ |

Please make checks payable to NODA.  
Mail to:

Fran Cverna  
NODA Membership  
12212 Snow Rd  
Burton, OH 44021

**QUESTIONS?**

Membership questions: Contact Fran Cverna  
440-834-1774 or [Membership@nodarider.org](mailto:Membership@nodarider.org)

NODA is a 501(C)3 Educational Organization. All donations are tax deductible.



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**Available for NODA Members**

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NODA Membership is required to apply

The applicant must be a "professional" horse person as defined in the USEF rule book



Visit [www.NodaRider.org/Scholarships.htm](http://www.NodaRider.org/Scholarships.htm)

*For complete details and forms*

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Signature \_\_\_\_\_

# Classifieds

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Non-member Ads/2 issues

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60—80 words Add \$5.00

PHOTO w/ad \$20.00

Submit Ad & Payment  
by 15<sup>th</sup> of the Month

### Classifieds Editor

Jennifer Cooper

216-469-3920

Check payable to NODA:

Jennifer Cooper

6395 Paine Road

Painesville, OH 44077

Email ads to:

[Classifieds@nodarider.org](mailto:Classifieds@nodarider.org)

## Trailers For Sale

350 Ford Diesel—purple horse on the sides & 2-horse slant load Hawk trailer. Call or text Gale at 440-655-4516.

2002 Exciss two horse bumper pull trailer, extra tall (7'6") and extra wide (7') with dressing room.

Needs new tires and a little cosmetic TLC. \$8,900 OBO. Enterprise rents trucks so you can have your own rig for a little more than the cost of the trailer! Call Irene at 330-606-7321 for more information.

## Property for Sale

Moving out of state this summer. Mentor home for sale: brick w/ basement, double attached garage, updated windows, bath, new roof and newly remodeled kitchen. Includes 3 stall barn with 2 pastures and a outdoor arena. Call or text Gale at 440-655-4516.

## Boarding/Barn Help

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Responsible for teaching private and group riding lessons to students of all ages and abilities including training boarder horses and teaching boarders on their own horses. The successful candidate must be able to train and ride through second level dressage and jump a 2'6" course. Prior teaching experience required, professionalism and being a team player a must. Interested candidates, please send resume to Valley Riding, Inc. [valleyriding@sbcglobal.net](mailto:valleyriding@sbcglobal.net). Attention: Margaret McElhany

**Barn Help Needed:** Experienced help for small horse barn in Chardon/Munson needed. Midday, 3 to 4 weekdays. Please contact Ursula:

[ush@twc.com](mailto:ush@twc.com)

## Tack/Equip for Sale

BATES 17.5" Saddle: built on an Elastiflex tree & w/ quilted panel points. Lets you customize comfort w/Adjustable Ergonomic Stirrup Bar & Adjustable Flexibloc system. EASY-CHANGE Fit Solution allows for a customized fit on horse, while weight distribution is achieved through the CAIR® Cushion system in generous performance panels. Y-Girthing system for saddle stability. Phillips screwdriver #3 to adjust tree. \$2000 + wintec tree kit and riser kit. Contact Kirk (txt or call) @ 440-336-1311

**Used PIVO:** no accessories.

\$50 OBO Contact

[Heather@saddles101.com](mailto:Heather@saddles101.com) or

240-431-1318

## ISO Horse

**ISO Dressage Horse:** Mature AA ISO full/half lease or buy dressage horse under 20k. If purchase, ISO small, private barn with arena, turnout and trails. East side only if lease. Contact Jill 216-780-0365.

## ISO Transport

ISO information on cross country Horse transportation. Call or text Gale at 440-655-4516.

## Articles Wanted

**NODA is seeking informational articles for NODA News.** You don't have to be an expert! Telling your story and how you've overcome challenges or what you've learned in bringing your horse along is welcome.

If you are a professional—NODA would love to have you share your wisdom with our members!

Articles are eligible for NODA bucks and USDF Annual GMO newsletter awards! Contact [Mosie-editor@nodarider.org](mailto:Mosie-editor@nodarider.org)

## Photo and Article Submission Guidelines for NODA News

### PHOTO Submission Guidelines

All Photo Requirements: high resolution, 300 dpi or higher in JPEG/JPG

Photos must be submitted as attachment to e-mails

NODA reserves the right to determine which photos will be published

*NO photo will be used of any mounted rider without a helmet*

Please include your name and the photographers name, horse's name, breed, hands, age & a description of the activity

### Cover Photos for NODA News

Size: Portrait friendly format with uncluttered background—send without cropping.

### Article Guidelines

Articles should highlight subjects of interest to NODA membership such as horsemanship, equestrian experiences, dressage, Western dressage, cross training, education, clinic reviews, horse management, rider training, horse or rider fitness, member spotlight or interview.

NODA reserves the right to edit for grammar, flow, and space constraints without changing the intended meaning.

NODA specific articles will have priority in the NODA News.

Photographs enhance your article – see Photo Submission Guidelines

NODA News Editors will determine when an article runs based on space

NODA reserves the right to refuse an article

Photos and articles are eligible for NODA bucks

[Mosie-editor@nodarider.org](mailto:Mosie-editor@nodarider.org)





# Northern Ohio Dressage Association

The Northern Ohio Dressage Association is a United States Dressage Federation (USDF) Group Member Organization.

All members of NODA are USDF group members.

For USDF participating membership, apply directly to the USDF at [www.usdf.org](http://www.usdf.org)

## NODA Board Meetings, Second Wednesday of the Month - Your Ideas are Welcome

**NEXT BOARD MEETING: May 10, 2022, 6:45 PM - Virtual Meeting**

NODA welcomes member comments, concerns, ideas, and questions regarding NODA activities, shows, and policies.

Please contact your member liaison ([page 3](#)) to get a link to the board meeting

find *NODA* on social media



[@NodaDressage](#)



[@NODA\\_Dressage](#)



[www.nodarider.org](http://www.nodarider.org)



[@NODA\\_Dressage](#)

## Calendar of Events

Full calendar at [www.nodarider.org](http://www.nodarider.org)

**May 7 & 8 Dressage Schooling Show and Combined Test Weekend.** Dressage on Saturday/Jumping on Sunday.  
Judge: Danielle Menteer, L, Creekside Eventing Complex, 3084 Sleepy Hollow Road, Brunswick . Doug Morrison: 330-907-7129 <https://cseventingcomplex.com/downloads>

**May 7 & 8 Joann Williams Western Dressage**  
Clinic sponsored by CADS  
BRECKSVILLE STABLES  
[www.cadsdressage.org](http://www.cadsdressage.org)

**May 14 & 15 NODA Dressage 2022 & Dressage 2022 Encore, USEF/USDF Recognized Show**  
Lake Erie College, Painesville OH  
[www.nodarider.org](http://www.nodarider.org)

**May 15 Dressage Schooling Show**  
Chagrin Valley Farms  
<https://chagrinvalleyfarms.com>

**May 21, CADS Dressage Schooling Show**  
Brecksville Stables  
[www.cadsdressage.org](http://www.cadsdressage.org)

**May 28 NODA Ride A Test**  
Chagrin Valley Farms (Opens April 1)  
[www.nodarider.org](http://www.nodarider.org)

**May 29 NODA Schooling Show**  
Chagrin Valley Farms  
[www.nodarider.org](http://www.nodarider.org)

**June 11 & 12 Lake Erie College Dressage Derby, USEF/USDF Recognized**  
Lake Erie College, Painesville OH  
[www.lec.edu/school-of-equine-studies/equine-studies-events/](http://www.lec.edu/school-of-equine-studies/equine-studies-events/)

**June 23-26 NODA Dressage & More Camp**  
Stone Gate Farm, Hanoverton, OH 44423  
[www.nodarider.org](http://www.nodarider.org) **FULL, wait list**

**June 25, 2022 CADS Dressage Schooling Show**  
Brecksville Stables  
[www.cadsdressage.org](http://www.cadsdressage.org)

**June 26 NODA Schooling Show**  
Chagrin Valley Farms  
[www.nodarider.org](http://www.nodarider.org)

**July 23 CADS Dressage Schooling Show**  
Brecksville Stables  
[www.cadsdressage.org](http://www.cadsdressage.org)

**July 24 NODA Schooling Show**  
Chagrin Valley Farms  
[www.nodarider.org](http://www.nodarider.org)

**August 21 NODA Schooling Show**  
Rocky River Stables  
[www.nodarider.org](http://www.nodarider.org)

**August 27 CADS Dressage Schooling Show**  
Brecksville Stables  
[www.cadsdressage.org](http://www.cadsdressage.org)

**September 11 NODA Schooling Show**  
Chagrin Valley Farms  
[www.nodarider.org](http://www.nodarider.org)

**Saturday, September 17 CADS Dressage Schooling and Championship Show**  
Brecksville Stables  
[www.cadsdressage.org](http://www.cadsdressage.org)

**October 2 CADS Fall Fun and Halloween Dressage Schooling Show**  
Brecksville Stables  
[www.cadsdressage.org](http://www.cadsdressage.org)

**Oct 8 NODA Dressage Schooling Show**  
[www.nodarider.org](http://www.nodarider.org)

**Oct 9 2022 Summer Schooling Show Series Championship Show**  
Horse and rider combinations MUST Qualify  
[www.nodarider.org](http://www.nodarider.org)

**Nov 20 NODA Banquet Celebration**  
brunch, cash bar, recognition  
[Banquet@nodarider.org](mailto:Banquet@nodarider.org)

**January 7, 2023 New Test Clinic**  
Margaret Freeman presenting  
Lake Erie College  
Details TBA

Send calendar submissions including date, event, location, and contact information by the 15th of the month prior to the edition it will run in to [Advertisers@nodarider.org](mailto:Advertisers@nodarider.org)

**NODA News**  
8195 Guilford Road  
Seville, Ohio 44273

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Novelty, OH 44072

## NODA Newsletter and Website Advertising Rates

Advertising Rates Effective January 1, 2020

**Payment Deadline: 10th of the month** to reserve space in *NODA News* for the next issue.

**Ads will be run print and digitally** for the same amount of time.

**E-mail print ready ads in JPEG or .TIF format**  
Select high quality or commercial printing, 300 dpi or higher when saving the file.

Send to Jennifer at [Advertisers@nodarider.org](mailto:Advertisers@nodarider.org)

### Advertising Rates

|                      | Width x Height | One ISSUE | Six ISSUES |
|----------------------|----------------|-----------|------------|
| <b>Full Page</b>     | 7.5" X 10"     | \$100.00  | \$500.00   |
| <b>Half Page</b>     | 7.5" X 5"      | \$55.00   | \$275.00   |
| <b>Quarter Page</b>  | 3.75" X 5"     | \$26.00   | \$130.00   |
| <b>Business Card</b> | 3.75" X 2"     | \$20.00   | \$100.00   |

**Complete form & enclose payment in full with check payable to NODA. Send to:** Jennifer Cooper, Advertising Editor  
6395 Paine Road, Painesville, Ohio 44077

### Complete and mail with your payment:

Date: \_\_\_\_\_ Number of issues ad will run, choose one: **One issue** \_\_\_\_\_ **Six Issues** \_\_\_\_\_ **Twelve Issues** \_\_\_\_\_

Ad Size: \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_ USD First Issue/year ad will run: \_\_\_\_\_

Name: \_\_\_\_\_ Company: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ E-mail: \_\_\_\_\_



**Thank You for Supporting the Northern Ohio Dressage Association**